

Minutes of the Student Nutrition and Physical Activity Committee meeting  
October 11, 2007

Present

Committee members: Loretta Lee, Ed Wilkins, Colleen Kavanagh, Laura Brainin-Rodriguez, Patricia Gray, Karen Gehrman, Paula Jones, Janet Wojcicki, Meyla Ruwin (co-chair), Dana Woldow (co-chair)

Guests: Mark Elkin, Nancy Waymack, Nan McGuire, Sandy Siegel, Jason Gilmore

The meeting was called to order at 4:05pm. Minutes from the last meeting were approved.

Dana reported that attendance at Balboa's Grab n Go breakfast is up this year over last May by 22%, and that attendance at the Balboa lunch with salad bar is up 11% over last May, and up 46% over last January before the salad bar started.

Ed listed schools with salad bars currently operating – Balboa, Marina, Miraloma, Fairmount, Horace Mann, and Francisco – and those about to open – Presidio, Harvey Milk, Starr King, and Bret Harte. He is still waiting for equipment to be delivered for some additional schools. It is hard to open more than two per week.

Meal application return is lagging behind last year, with about 22,000 “no app on file” students. As of October 11<sup>th</sup>, the district average is about 43% of students qualified; last year at this time it was closer to 50%. There were 4,000 fewer students qualified through direct certification; that represents about 7% of the total district enrollment. More efforts will need to be made to collect a meal application from every student to try to catch some of those who fell out of direct cert. It was suggested that the “no app on file” lists need to be distributed to schools before parent conference week.

SNS will present two proposals for Prop H funding from the “third third” of funds. One will be for funding the POS system; the other will be for expansion of the salad bars into 25 more schools. It looks like the Superintendent will be supporting the POS proposal.

Karen presented news from the publicity working group. Salad bar openings have been covered by numerous media outlets. There will be a focus by the working group on getting information out about the wellness policy changes for food sent from home, and about the CDP being included. The website redesign should be finished later this fall.

Karen also reported on the formation of a working group to address issues related to the Child Development Program. The group will focus on getting all sites into compliance with the wellness policy, and trying to get the CDP management assistant position filled so that the CDP will have someone directly responsible for overseeing their food. Presidio CDC will become a model site for enforcement of the wellness policy. Their Halloween celebration will be based more on non-candy treats, and Mark Elkin will provide a workshop for parents on healthier options. Presidio neighbors who traditionally are visited during the school's Halloween parade will be asked not to give out candy.

Laura can provide a Halloween themed handout on dental health.

Meyla discussed the wellness policy training which had been provided to staff using a two page condensation of the policy which focused on recent changes. She said she is starting to get good feedback from the schools about the change in the school food climate and about the meal program – many positive comments. Changes to the wellness policy should be completed by April to allow sufficient time to get them to the BOE before they break for summer.

Colleen discussed the long range planning working group, and the draft of goals for SNS which is being developed. The goals are part of a living document which she expects to change frequently as circumstances change.

Meyla and Dana reviewed the structure of the committee. Working groups deal with specific issues and do not necessarily meet on a regular schedule; anyone can join a working group, even if they don't belong to the nutrition committee or school food subcommittee. There are 4 working groups at present – publicity, wellness policy, Child Development Program, and long range planning. These groups submit their work to the school food subcommittee, where it is open to public comment and input. The subcommittee then submits items for approval to the student nutrition and physical activity committee, which is limited to 15 voting members. This committee must approve any proposal before it goes to the Board of Education. Anyone wishing to join a working group should contact Dana at [Nestwife@owlbaby.com](mailto:Nestwife@owlbaby.com) for more information.

Meyla and Mark discussed recent work by school health programs, including presentations they made at a recent national wellness conference.

During public comment, Nan McGuire discussed school gardens, emphasizing the good work being done at Sherman Elementary. She will work with Colleen on the school garden piece of the long range planning goals.

The meeting was adjourned at 5:05pm. Next meeting will be January 10<sup>th</sup>.