

Minutes of the Student Nutrition and Physical Activity Committee
Sept. 20, 2005

Present: Dana Woldow (chair), Libby Albert, Laura Brainin-Rodriguez, Patricia Gray, Ericka Lovrin, Caroline Grannan, Ed Wilkins, Meyla Ruwin, Janet Wojcicki, guest speaker Stefan Harvey of the California Center for Public Health Advocacy.

The meeting was called to order at 3:35 p.m. Minutes from the past two meetings were read and approved.

Subcommittee reports:

School Food:

- Dana Woldow reported on the Grab-n-Go breakfast pilot at Balboa High School. There are only two days to report on thus far, but the results are encouraging. Last year breakfast participation (with traditional hot meals) averaged 70-80 breakfasts per day, while on the second day of the Grab-n-Go, 107 breakfasts were served.
- Ed Wilkins reported that the salad bar at Harvey Milk Civil Rights Academy will be continuing, currently once every other week, while last year it was twice per week. The school is working to achieve 100 percent return of meal applications, since reimbursement will make the salad bar more sustainable. It is hoped that salad bar days can be extended to once per week.
- Dana announced that a non-cheese vegetarian option is being added to the lunch menu – a vegetarian chili that kids liked in taste-testing. SNS is in discussion with Preferred Meal Systems about other non-cheese options.
- SNS will be adding cut-up fruit in juice.
- Dana will work with Elois Brooks on increasing enforcement of the school-food policy in regards to vending machines and fundraising sales.

Publicity:

- Caroline Grannan reported on outreach and media coverage.

Food, Nutrition and Agriculture Directory:

- Laura Brainin-Rodriguez presented the new directory being distributed to all school health staff and available online.

Nutrition Education Project:

- Meyla Ruwin reported on activities of the project, which is in 14 elementary schools and being extended to middle and high schools.

Presentation: Stefan Harvey of the California Center for Public Health Advocacy discussed “Recent Legislation Concerning School Food, and Where Do We Go from Here?” She reported on Gov. Schwarzenegger’s signing of SB12 and SB965, which will genuinely impose standards on all food sold in schools and eliminate soda sales. The challenges are implementation and compliance, as well as physical activity. Stefan noted

that SFUSD is in the forefront on these issues and should expect calls from other districts when the bills take effect.

New Business:

Meyla commented that students want more fruit and vegetable options. Dana said the School Food Subcommittee will discuss it. She added that the removal of the word “fresh” from the produce requirements in one of the new bills actually allows more options that are popular with kids.

Libby Albert reported that the Department of Children, Youth and Their Families, the Mayor’s Office and the Department of Public Health are putting together a fitness initiative promoting walking groups.

The meeting was adjourned at 4:30 p.m. The next meeting will be Nov. 15.