

Minutes of the Student Nutrition and Physical Activity Committee meeting
January 10, 2008

Present:

Committee members: Libby Albert, Paula Jones, Karen Gehrman, Laura Brainin Rodriguez, Colleen Kavanagh, Patricia Gray, Nancy Waymack, Dana Woldow

Guest: Esperanza Pallana

The meeting came to order at 4:05pm. Minutes were approved as read.

SNS assistant director Loretta Lee has given birth to a healthy baby boy, 7 pounds, 9 ounces, early on January 9th. The committee sends Loretta best wishes; she will be out on leave until May.

The vitamin fund has rejected our grant proposal for the Point of Sale system. Fortunately, SNS also applied for Prop H money to fund the POS.

It was reported that the Prop H committee supported the Point of Sale proposal but rejected the salad bar proposal. However, the final decision on a spending plan for Prop H money is made by the Board of Education and then sent to the Board of Supervisors for approval; the Prop H committee's recommendations are merely advisory, so committee members are asked to please contact the BOE and express support for the two SNS proposals. Nancy Waymack reported that due to the possible crippling budget cuts forecast for the state budget, even the Superintendent may withdraw his support for the POS proposal, as he looks for every possible dollar to fund day to day school operations.

A working group has formed to conduct an evaluation of consumption at the salad bars; help will be needed with this and those interested should speak to Paula Jones.

The wellness policy working group did not complete drafts of possible revisions at their meeting on Tuesday, so that work was finished at this meeting. All suggestions will be incorporated by Meyla into one document with proposed changes highlighted in red, and will be discussed at the school food subcommittee on February 5th before returning to this committee in March for approval. The group could not agree on wording in several areas; Meyla and Dana will suggest wording as needed. Committee members are reminded that to comply with the Brown Act, discussions relating to policy must be held in a public forum; please do not initiate e-mail or conference call discussions of proposed wellness policy changes.

Harvest of the Month is oranges. Meyla announced several staff training days including training for elementary teachers in physical activities to get their classes moving more. Preparations are underway for nutrition awareness month in March.

Next meeting of this committee will be Thursday March 13, 4-5pm at 555 Franklin Street.