

Minutes of the School Food Subcommittee meeting  
April 24, 2007

Present

Subcommittee members: Meryl Bennan, Katie Kaplow, Colleen Kavanagh, Ed Wilkins, Loretta Lee, Libby Albert, Ericka Lovrin, Meyla Ruwin, Karen Gehrman, Laura Brainin-Rodriguez, Ellen Schatz, Janet Wojcicki, Caroline Grannan, Jacob Schreiber, Dana Woldow (chair)

Guests: Jan Link, Patricia Gray, Eddy Jara

The meeting was called to order at 3:40. Minutes from the previous meeting were approved as read.

Changes to the wellness policy which would address the CDP and also food in classrooms, including parties, were discussed. It was mentioned that the CDP is already subject to the district's Wellness Policy, but that it would be a good idea to state that in the policy, so as to make it clear to both parents and administrators that they are expected to comply. The following sentence was added to the introduction to the policy: "The SFUSD Wellness Policy applies to all schools K-12 and to the Child Development Program."

A discussion of food in the CDP followed; Karen had many questions about the food, where it comes from, who oversees it. Ed was able to answer most of her questions, and stated that all of the food purchased for the CDP meal program already meets district standards, and that the CDP nutrition program recently passed their state review. However, he explained that parents bring in whatever they want to serve as snacks, and that additionally there is food donated to the CDP and that SNS has no control over that. This is why it needs to be made clear to all that the CDP is expected to abide by the same nutrition standards as all other SFUSD schools.

An addition to the policy which would address the issue of food which is donated or brought to school by parents and served to students was discussed. It was decided to add the following wording, in a new section for classroom food:

"Food and drink provided to students by teachers, students, parents, or other staff on school property shall meet the SFUSD nutrition standard as specified in section 2b. This includes food and drink provided for birthdays, holiday celebrations, cooking projects, special days, rewards, treats, goodie bags, and academic activity (such as using snacks to learn math concepts)."

Links are also provided to the district approved list of snacks, and of drinks.

Karen will continue to work on her "easy access" guide for parents to help them find appropriate and reasonably priced snacks and drinks for school parties and celebrations. When completed, Meyla offered to help distribute it.

Ed reported on the start of the salad bar pilot at Balboa and Miraloma. After two weeks, participation is up at Balboa but not at Miraloma. Ed is trying to get more variety for the

Miraloma salad bar. An a la carte salad bar option will be made available at a reduced price for those paying students who would like to choose only the salad.

Meyla reported on wellness professional development provided for staff.

The meeting was adjourned at 4:15.

***The final meeting of the 06-07 school year will be on Tuesday May 22<sup>nd</sup>, 4-5pm at Aptos (room to be announced).***